

	<p>Remove bottom (neck) strap slowly bringing it carefully over the head</p> <p>Maintain a hold (control) of the strap</p>		Examine structural integrity of N95
	Grasp top strap with other hand and slowly and carefully bring it over the head		<p>Leaning forward cup N95 in gloved hand</p> <p>Wiggle bottom strap to nape of neck</p> <p>Place top strap at the crown of the head</p>
	<p>Pull N95 away from face without touching the front</p> <p>Inspect for re-usability</p>		

Suggested Best Practice Techniques to Doff and Redon a N95

Several styles of N95 exist - All require fit testing

A fit test and inspection for structural integrity does not assure a proper seal

Always assume the exterior of a used N95 is contaminated. Gloves should be donned if touched

Extended use, worn appropriately, is optimal with less potential for self-contamination

A trained peer to assist in doffing and redonning is beneficial

Inspect N95 for damage prior to donning (Label per institution policy)

Oil based makeup and facial hair will reduce effectiveness of N95

Consider a hairnet or placing hair in a device to limit exposure

When placing straps, use a wiggling approach to guide over glasses

Seal test required every time

Gently shape around bridge of nose, then test seal by inhaling briskly to verify collapse & puckering