

This advising guide is to provide academic advisors with guidelines to support the advising process, and is geared toward the concerns of first year students. Academic advising is not simply about course selection; we hope that advisors have conversations about academic interests and personal goals, both short- and long-term. We hope that you take an interest in who your students are personally and how they are experiencing BC.

In order to have the most productive advising meeting, you should be prepared for:

- Questions regarding classes and majors

- Discussing long-term academic plans

  - What are students' interests, and where do they see themselves going in the next four years and beyond?

- Discussing extra-curricular activities and health and wellness

**The Core:**

- Familiarize

100/10



What non-academic extracurricular opportunities is the student considering?  
Have suggestions about extra-curricular activities that would connect to academic and long-term interests.  
If the student is interested in research, they may want to consider an opportunity for Undergraduate Research Support, like an [Advanced Study Grant](#).

***Health and Wellness:***

Check-in with your student about how the transition to college has been. Are they